

Ionia County

Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

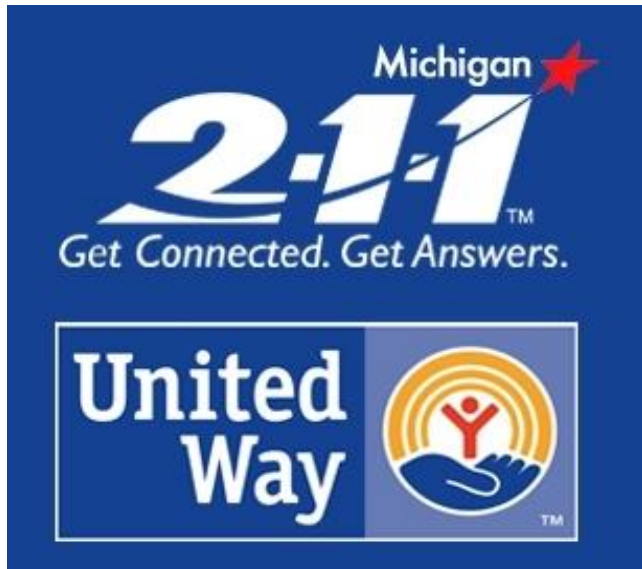
2022

Ionia
County
Community
Resource
Guide

[A guide to services in your Community]

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ABUSE & PROTECTIVE SERVICES

FOR EMERGENCY SERVICES 911 CALL

Children & Adult Protective Services (CPS)	(855) 444-3911
Common Ground Crisis Line	(800) 231-1127
Crisis Hotline	https://13reasonswhy.info/
Crisis Hotline	TEXT Reason to 741741
Faith Trust Institute	(206) 634-1903
Haven Crisis Line	(877) 9221274
Human Trafficking Hotline	(888)-373-7888
	Help@humantraffickinghotline.org
LGBT Hotline	(212) 714-1141
Love Is Respect Hotline	(866) 331-9474
Michigan Coalition to End Domestic & Sexual Violence (MCEDSV)	(517) 347-7000
Narcotics Anonymous 24/7	(800) 230-4085
National Domestic Violence Helpline	(800) 799-7233
National Suicide Prevention Lifeline	(800) 273-8255
RAINN (Rape & Incest National Network)	(800) 656-4673

Relief After Violent Encounters Ionia County	(800) 720-7233
Safe Center Crisis Hotline 24/7	(877) 952-7283
Stop It Now! Hotline	(888) 773-8368
Suicide Prevention Hotline	(800)-273-8255
Victim Connect (stalking hotline)	(855) 484-2846

ADULT AGING SERVICES

McLaren Home Care	(866) 323-5974
Alzheimer’s Association & Helpline	(800) 272-3900
Adult Home Help/Chore Services	(800) 292-2550
Area on Aging	(800) 858-1637
Area Agency on Aging – Grand Rapids, MI 49525	(616) 456-5664
Commission on Aging – Ionia, MI 48846	(616) 527-5365
Crisis Services for the Elderly	(517) 483-7205
DHS- Ionia, MI 48846	(616) 527-5200
Elder Care Services	(800) 677-1116
HAP Senior Plus	(800) 868-3153
Ionia Senior Center	(888) 527-5365
Meals on Wheels	(800) 632-7334
Medicare	(800) 633-4227
Medicare/Medicaid Assistance Program	(800) 803-7174
Social Security	(800) 772-1213
Visiting Angels Living Assistance Services	(800) 365-4189

Adult Day Services

Green Acres	(855) 224-5130
Just Like Home	(616) 527-3704
Adult Day Center	

Adult Foster Care

Agape House	(616) 527-0465
Bellevue AFC	(616) 527-9927
Hill Top Care	(616) 329-4302
J & L Blake AFC Home –	(616) 794-3255
Montgomery AFC Home	(616) 527-2295
Thompson AFC Home	(616) 527-2544

Alzheimer's & Dementia Support

Alzheimer's Association and Helpline	(800) 272-3900
Care Giver Support	(616) 330-4432
Memory Care Facilities	(888) 319-7682

Assisted Living

Green Acres of Ionia	(616) 527-3300
Gibbs Adult Care	(989) 981-6786
Hubbardston, MI 48845	
Portland Assisted Living	(517) 643-2073
Portland, MI 48875	

ANIMAL SUPPORT

Animal House Pet Grooming	(616) 527-4014
Doggy Style Grooming	(616) 374-1246
Holly's Critter Care	(616) 292-0531
Lucky Dog Grooming Salon	(616) 527-1346
Particular Pets	(616) 527-9337
Pet Poison Helpline	(800) 213-6680
Sasha's Pet Retreat	(616) 337-0960
Sterner Veterinary Clinic	(616) 527-3320

Animal Shelters

Ionia County Animal Shelter	(616) 527-9040
Mackenzie's Animal Sanctuary – Lake Odessa	(616) 693-2490
Safe Haven Humane Society	(616) 522-1611

COUNTY/CITY RESOURCES

City of Belding	(616) 794-1900
City of Ionia	(616) 527-4170
City of Portland	(616) 647-7531
District Court	(616) 527-5346
Ionia Theatre	(616) 527-3350
Ionia Township	(616) 527-5300
Lyons Township	(989) 855-2016
Orleans Township	(616) 761-3111
Portland Township	(616) 647-6643
Village of Clarksville	(616) 693-2711
Village of Lake Odessa	(616) 374-7110
Village of Lyons	(989) 855-2125

Village of Muir	(989) 855-2144
Village of Pewamo	(989) 593-2553
Village of Saranac	(616) 642-6324

DISABILITY RESOURCES

Autism Society of Michigan	(800) 328-8476
Bureau of Services for the Blind Persons	(800) 292-4200
Children's Special Healthcare Services	(800) 359-3722
City of Ionia	(616) 527-4170
Disability Network of MI www.dnmichigan.org/cil-directory	(800) 782-4160
Disability Network	(616) 949-1100
EightCAP	(866) 754-9315
GiGi's Playhouse (Downs Syndrome Resources)	(847) 885-6149
Medicare/Medicaid Assistance Program	(800) 803-7174
Michigan Alliance for Families	(800) 552-4821
Michigan Commission for the Blind	(800) 292-4200
Michigan Commission for the Deaf	(517) 507-5223
Michigan Dept. of Education-Office of Special Education	(888) 320-8384
Muscular Dystrophy Association	(800) 572-1717
Paralyzed Veterans of America Relay Center for Deaf/Hard of Hearing	(800) 638-6782 7-1-1
Social Security Administration	(800) 772-1213
The Family Center for Children and Youth with Special Health Care Needs	(800) 828-2714
United Cerebral Palsy of MI	(800) 828-2714
Vocational Rehabilitation	(800) 257-4850
Michigan Commission for the Deaf	

EDUCATION & TRAINING

Adult Education Michigan (517) 647-2987
Reconnect (21 & Above)
www.michigan.gov/reconnect
Belding Adult and Community Education High School (616) 794-4646

Adult Programs

American Red Cross (800) 733-2767
Belding Adult and Community Education High School (616) 794-4646
Adult Education Michigan (517) 647-2987
Reconnect (21 & Above)
www.michigan.gov/reconnect
Special Education and Early Intervention Services (888) 320-8384
Tuition Incentive Program (888) 447-2687

Childcare Centers & Preschools

Beginnings Roots Child Development Center LLC (616) 374-7030
Belding Head Start (616) 225-5980
DHS (616) 527-5200
EightCAP (866) 754-9315
Horizons Daycare (269) 838-2786
Kid's World Learning Center (616) 794-4702
Little Angels Daycare (517) 526-4335
Sunny Bunch Christian Day Care (517) 647-6088

Colleges/Career Centers

Benz Aviation (616) 902-2280
info@benzaviation.com
Montcalm Community College (989) 328-2111
Tuition Incentive Program (888) 447-2687 (TIP)

Libraries

Belding Memorial Library (616) 794-1450
Clarksville Area Library (616) 693-1001
Lake Odessa Community Library (616) 374-4591
Lyons Township District Library (989) 855-3414
Portland District Library (517) 647-6981
Saranac Public Library (616) 642-9146

School Districts

A.A. Rather School (616) 527-1720
Coon School (616) 527-2569

Ellis Elementary (616) 794-4100
Emerson School (616) 527-8018
Haynor School (616) 527-0089
Jefferson School (616) 527-2740
North LeValley Elementary School (616) 527-0787
Oakwood Elementary School (517) 647-2991
Pewamo Elementary School (989) 593-3488
R.B. Boyce Elementary School (616) 527-0571
Saranac Elementary School (616) 642-1200
Twin Rivers Elementary School (616) 522-0005
Westwood Elementary (517) 647-2989
Woodview Elementary (616) 794-4750
Belding Middle School (616) 794-4400
Ionia Middle School (616) 527-0040
Portland Middle School (517) 647-2985
Saranac Jr. /Sr. High School (616) 642-1100
Belding High School (616) 794-4900
Douglas R. Welch High School (616) 527-3530
Ionia High School (616) 527-0600
Lakewood High School (616) 374-8868
Portland High School (517) 647-2981
Grattan Academy (616) 754-9360

Youth Programs

DHS (616) 527-5200
Ionia County Youth Service Bureau (616) 527-5332
YMCA (616) 527-5760

EMERGENCY & DISASTER SERVICES

Ambulance, Fire and Police 911
American Red Cross (800) 733-2767
United Way (616) 794-9840

Law Enforcement

Sheriff's Office (616) 527-5737
Michigan State Police (616) 527-3600
Ionia Police (616) 527-4431
Fire (616) 527-0400
Portland Police (517) 647-2934
Fire (517) 647-4111
Lake Odessa Police (616) 374-8845
Belding Police (616) 794-1900
Fire (616) 794-1900
Lyons Fire (989) 855-2814
Pewamo Fire (989) 593-3322
Saranac Fire (616) 642-6000

EMPLOYMENT ASSISTANCE

Ionia County Community Mental Health	(616) 527-1790
Ionia Public Schools Virtual Career Center	(616) 523-4500
Manpower	(616) 527-6688
Michigan Council of Rehabilitation Services	(517) 483-2826
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Veterans Affairs Agency	(800) 642-4838
Michigan Works	(616) 389-8525
Unemployment Office Hotline	(866) 500-0017

FINANCIAL ASSISTANCE

MSHDA: Step Forward (866) 946-7432

Tax Assistance

Best Tax Services	(517) 566-8949
H & R Block Ionia	(616) 527-1040
H & R Block Portland	(517) 647-7697
Income Tax Services	(616) 794-4017
Mid-Michigan Tax Services	(616) 527-1070
My Free Taxes	www.myfreetaxes.com

FITNESS, RECREATION & REHABILITATION

Ionia 24/7 Fitness	(616) 523-4422
MI Rehab Service	(877) 901-7398
Planet Fitness - Greenville	(616) 232-2269
Rehabilitation Institute of MI	(313) 745-1203
Snap Fitness Ionia	(616) 522-0301

Parks & Recreation

Alice Springs RV Park & Resort Campgrounds	(616) 527-1608
Ionia County Parks and Recreation	(616) 527-3750
Lakeside Resort	(616) 522-7275
Parks & Recreation Trails	(616) 527-3216
	(616) 523-1800
	(616) 527-3750

FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE

Food Bank Council of Michigan (Pantries)

www.fbmic.org/resources/find-a-food-bank

American Legion	(616) 642-9674
Belding Bible Church	(616) 761-9217
Crossroads Community Church	(616) 522-4663
DHS	(616) 527-5200
EightCAP	(866) 754-9315
Encountering Lives	(616) 794-5080
Epic Community Church	(517) 647-7750
First United Methodist Church	(616) 527-1860
Food Assistance	(855) 275-6424
Goodwill Stores	(616) 527-4404
Habitat for Humanity	(616) 523-6899
Lincoln Ave. Baptist Church	(616) 527-0970
Lutheran Child and Family Services	(616) 522-0145
Manna's Market	(269) 838-5887
Meals on Wheels	(888) 370-7184
St. Joseph Catholic Church	(616) 794-2145
Salvation Army	(989) 463-2864
Saranac Community Church Food Pantry	(616) 642-6322
Shiloh Church Food Pantry	(616) 761-3584
WIC	(800) 942-1636
YMCA	(616) 527-5760
Zion Community Food Pantry	(616) 527-1910
Zion United Methodist Church	(616) 527-1910

HEALTHCARE SERVICES

Centers for Disease Control and Prevention	(800) 232-4636
Children's Special Healthcare Services	(800) 359-3722
Ionia Health Dept	(616) 527-5341
Veteran Affairs	(844) 698-2311

Clinics & Hospitals

Karmanos Cancer Institute	(800) 527-6266
McLaren Greater Lansing	(517) 975-6000
McLaren Home Care	(866) 323-5974
Ambulatory Care Clinic	(616) 522-9110
Davita Dialysis Center	(616) 522-0265

Family Medical Center – Lake Odessa	(616) 374-8881
Family Medical Center - Muir	(989) 855-3700
Inner Access Therapy Center	(616) 527-2619
Ionia County Memorial Hospital	(616) 527-4200
Michigan Donated Dental Services Program	(800) 589-2632
Michigan HIV/STD Hotline	(800) 872-2437
Mobile Care Group Dental	(248) 809-6398
Care for Homebound/Nursing & Assisted Care Facilities	
Patient Care Center-Belding	(616) 794-5221
Pennock Ionia Center	(616) 775-7500
Portland Family Care	(517) 647-4166
Saranac Chiropractic Center	(616) 642-9455
Sparrow Family Health Center-Portland	(517) 647-6722
Sparrow Ionia Hospital	(616) 523-1400
Sparrow Ionia Walk-in Care Clinic	(616) 523-1644
Spectrum Health - Helen Devos Children’s Hospital	(866) 989-7999
Spectrum Health - Lake Odessa Diagnostic Center	(616) 374-1684
Total Health Center	(616) 374-0099

Dental Resources

119 Bridge Dental Care	(517) 647-4511
Dental Lifeline Network	(303) 534-5360
	http://dentallifeline.org/michigan
Flat River Dentistry	(616) 754-3511
Ionia Family Dentistry	(616) 527-4930
Ionia Oral Surgery	(616) 523-9000
Medicaid Dentists (LCC)	(517) 483-1458
Saranac Dental Care	(616) 642-9478
Super Smiles Dental	(517) 647-6205

Hearing Assistance

Beltone Hearing Aid Center	(269) 945-3990
Grand Hearing Center - Portland	(517) 647-4327
Hear Michigan Center - Ionia	(616) 236-2855
Hearing Life - Greenville	(616) 548-6234
Relay Center for Deaf and Hard of Hearing	7-1-1

Medical Equipment & Loan Closets

Adaptive Environments – Home Lifting Systems	(800) 355-5438
ALS of Michigan	(800) 882-5764
GiGi’s Playhouse	(847) 885-6149
Michigan Assistive Technology Loan Fund	(800) 828-2714
Michigan CPAP Bank – CPAP, BiPAP, ASV, AVAPS & Supplies	(734) 232-3964
Muscular Dystrophy Association	(800) 572-1717
One-Drop Diabetes Support & Supplies	(800) 437-1474
Paralyzed Veterans of America	(800) 638-6782
Sparrow Medical Supply	(616) 522-0515
The National Federation of the Blind	(410) 659-9314
United Cerebral Palsy Michigan	(800) 828-2714

Mental Health & Counseling Services

Access Alliance	(800) 448-5498
Boys Town National Hotline	(800) 448-3000
Catholic Charities	(616) 522-0836
Common Ground Crisis Line	(800) 231-1127
Four Health Family Resources	(616) 642-6466
Inner Access Therapy Center	(616) 527-2619
Ionia County Mental Health - Belding	(616) 794-6592
Ionia County Community Mental Health - Orleans	(616) 761-3151
MSHN-Mid State Health Network	(844) 405-3094
Narcotics Anonymous 24/7	(800) 230-4085
National Alliance on Mental Illness	(800) 950-6264
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
Northpoint Counseling	(616) 523-6677
Personal Counseling Services	(616) 527-0326

Problem Gambling Help-Line- 24-hours, 7-days	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
The Right Door	(888) 527-1790
Viewpointe Counseling	(616) 523-6537

Substance Abuse

Alcoholics Anonymous	(800) 356-9996
CDC Hotline	(800) 232-4636
Comp. Recovery Services (Ionia)	(616) 522-0687
Ionia County Health Department	(616) 527-5341
Ionia County Memorial Hospital	(616) 527-4200
Michigan Substance Abuse- Helpline 24/7	(866) 520-2708
MSHN-Mid State Health Network	(844) 405-3094
Narcotics Anonymous (NA) Hotline	(877) 230-4085
National Council on Alcoholism and Drug Dependence (NCADD)	(800) 622-2255
SEMCA	(800) 686-6543
Substance Abuse Hotline	(800) 662-4357
Social Service Department	(616) 527-5200

Urgent Care

Ambulatory Care Clinic -Ionia	(616) 522-9110
Pennock Ionia Center	(616) 775-7500
Sparrow Ionia Hospital	(616) 523-1400
Sparrow Ionia Walk-In Care Clinic	(616) 523-1644

Vision Assistance

Advanced Eye Care Professionals	(616) 522-1000
Belding Family Eye Care	(616) 794-9088
Grand Rapids Ophthalmology	(616) 949-2600
Meijer Optical	(616) 522-0130
Michigan Commission for the Blind	(800) 292-4200
National Eye Institute	(301) 496-5248

Portland Eye Care – Krystal Andrews, OD	(517) 647-7515
Riemer EyeCare – Dr. Randy Riemer	(517) 647-2020
Rx Optical	(616) 527-9279
Wal-Mart Vision Center	(616) 527-5894

HOUSING ASSISTANCE

American Red Cross	(800) 733-2767
EightCAP	(866) 754-9315
HUD Rental Assistance	(800) 569-4287
Ionia County Housing Commission	(616) 527-9060
MSHDA: Step Forward	(866) 946-7432
USDA Rural Development	(800) 944-8119
Veterans TOLL Free Numbers	iris.custhelp.va.gov

Emergency Shelters & Warming Centers

Enrich of Ionia County	(616) 522-1126
Relief After Violent Encounter (RAVE)	(800) 720-7233

Heating/Utility Assistance & Home Repairs/Weatherization

DHS	(616) 527-5200
EightCAP	(866) 754-9315
Energy Assistance	(855) 275-6424
Salvation Army	(989) 463-2864
The Heat and Warmth Fund	(800) 866-8429
Tri-County Electric	(800) 562-8232

Low Income Housing

Action Agency	(800) 443-5518
HUD Rental Assistance	(800) 569-4287
USDA Rural Development	(517) 324-5190

LEGAL ASSISTANCE

Center for Civil Justice	(800) 724-7441
Constantine Law	(616) 527-7570
Legal Aid Legal Service	(517) 394-2985
Lincoln's Law Office	(616) 374-8816
Michigan Department of Civil Rights	(517) 335-3165

Michigan Indian Legal Services (231) 947-0122
 Michigan Senior Legal Hotline (866) 400-9164
 Social Security Administration (800) 772-1213
 USDCO (616) 527-3584
 Veterans TOLL Free Numbers (800) 698-2411

MMAP Michigan (800) 803-7174
 Medicare/Medicaid Assistance Program
 MiRX Discount Card (866) 755-6479
 NeedyMeds- Resource for medication assistance programs (800) 503-6897

Partnership for Prescription Assistance www.pparx.org
 RxAssist-Database of medication assistance programs www.rxassist.org
 RX Outreach (800) 769-3880

PARENTING/PREGNANCY RESOURCES

24-Hour Crisis Line (800) 275-1995
 Catholic Charities (616) 522-0836
 Child Safety Seat Inspection (866) Seat-Check
 LA LECHE (800) 525-3243
 Michigan Alliance for Families
www.michiganallianceforfamilies.org/maf-offices/

The Family Center for Children and Youth with Special Health Care Needs (800) 359-3722
 Planned Parenthood (800) 230-7526
 Pregnancy Services (616) 527-4626
 Sparrow Ionia Hospital (616) 523-1400
 WIC (800) 942-1636
 Women’s Health Resource Line (800) 994-9662

PRESCRIPTION ASSISTANCE

Pharmacies

Hometown Pharmacy-Belding (616) 794-4053
 Meijer Pharmacy (616) 527-5110
 New Walker’s Pharmacy (616) 374-3190
Rite Aid Pharmacy:
 Belding (616) 794-2200
 Ionia (616) 527-4300
 Portland (517) 647-4704
 Tom’s Pharmacy (517) 647-7373
 Wal-Mart Pharmacy (616) 527-3904
 Walgreens Pharmacy (616) 522-9175
 Walker Pharmacy (616) 374-3190

Prescription Assistance

Elder Prescription Insurance Program (866) 755-6479
 LifeSource Direct RX Discount Card-Uninsured and Underinsured (866) 340-4748

SUPPORT GROUPS

ALS of Michigan (800) 882-5764
 Alzheimer’s Association and Helpline (800) 272-3900
 Area on Aging (800) 858-1637
 Autism Society of MI (800) 328-8476
 Common Ground Crisis Line (800) 231-1127
 Compassionate Friends (Parent’s Grief Group) (877) 969-0010
 Disability Network of MI (800) 782-4160
www.dnMichigan.org/cil-directory

Epilepsy Foundation of Michigan (800) 377-6226
 Equality Michigan (313) 537-7000
 Families’ Anonymous, Narcotics Anonymous and SMART (616) 527-5341
 GRASP (616) 523-6141
 Haven Crisis Line (877) 922-1274
 Ionia County Substance Abuse (616) 527-5341
 LGBT Hotline (212) 714-1141
 Love is Respect Hotline (866) 331-9474
 Narcotics Anonymous 24/7 (800) 230-4085
 National Alliance for Grieving Children (866) 432-1542
 National Council on Alcoholism and Drug Dependence (NCADD) (800) 622-2255
 National Domestic & Sexual Violence Helpline (800) 799-7233
 National Human Trafficking Resource Center (888) 373-7888

Parkinson's	(800) 852-9781
Problem Gambling Help Line	(800) 270-7117
RAINN (Rape & Incest National Network)	(800) 656-4673
Relief After Violent Encounters	(800) 720-7233
Ryan's Friends	(616) 523-6141
SEMCA	(800) 686-6543
Stop It Now! Hotline	(888) 773-8368
Substance Abuse Hotline	(800) 662-4357
Suicide Prevention	(800) 273-8255
The Compassionate Friends - GRTCF	(616) 430-0905
WIC	(800) 942-1636
Women's Health Resource Line	(800) 994-9662

TRANSPORTATION

Karmonos Cancer Institute	(800) 527-6266
American Cancer Society	(800) 227-2345
Road to Recovery	
Area on Aging	(800) 858-1637
Auto Safety Hotline	(888) 327-4236
B Safe Driving School, LLC	(616) 755-2427
Child Safety Seat Inspection	(866) Seat-Check
<u>Dial-a-Ride:</u>	
Belding, MI	(616) 794-3278
Ionia, MI	(616) 527-4000
iDrive Academy	(517) 526-2174
Kc's School of Driving & Testing LLC	(616) 262-2116
Michigan Education	(517) 647-7765
Transportation Services	
Mr. R's A+ Driving School	(616) 794-0659
Veterans TOLL Free Numbers	(800) 698-2411

TRIBAL SERVICES

Department of Civil Rights	(517) 335-3165
MDHHS Native American Affairs Office	(517) 335-7782
Michigan Indian Employment and Training Services	(800) 591-8820
Michigan Indian Legal Services	(231) 947-0122
Michigan Indian Tuition Wavier	(517) 241-7748
U.S. Office of Indian Education	(202) 260-3774

VETERANS AFFAIRS

American Legion:	(616) 794-2841
Belding, MI	
Hubbardston, MI	(989) 981-6527
Saranac, MI	(616) 642-9674
Area on Aging	(800) 858-1637
CHAMPVA	(800) 733-8387
CHAMPAVA Meds by Mail	(800) 385-0235
Michigan Veterans Affairs	(800) 642-4838
Paralyzed Veterans of America	(800) 638-6782
Veterans Administration	(800) 827-1000
Veteran Affairs	(844) 698-2311
Veterans Crisis Line	(800) 273-8255
<u>Veterans of Foreign Wars:</u>	
Belding, MI	(616) 794-9624
Lake Odessa, MI	(616) 374-7075
Lyons, MI	(989) 855-2608
Portland, MI	(517) 647-4980
Veterans TOLL Free Numbers	(800) 698-2411
Veterans Trust Fund Agent	(800) 642-4838
Wounded Warrior Resource Center	(888) 997-2586

VOLUNTEER OPPORTUNITIES

American Red Cross	(800) 733-2767
Area on Aging	(800) 858-1637
Belding Fire Department	(616) 794-1900
Commission on Aging-Ionia, MI	(616) 527-5365
Faith Community Christian School	(616) 794-3451
Food Bank Council of Michigan (Pantries)	
www.fbmic.org/resources/find-a-food-bank	
Ionia Area Hospice	(616) 527-0681
Ionia County Literacy Council	(616) 389-8529
Pewamo Fire Department	(989) 593-3322
Sparrow Ionia Hospital	(616) 523-1400

IS IT AN EMERGENCY?

Clinic Name: _____ Office Phone: _____

AFTER HOURS Phone Number: _____

Our Preferred Urgent Care: _____

<u>Non-Urgent:</u>	<u>TeleHealth</u>	<u>Semi-Urgent:</u>	<u>Urgent:</u>
<p>You should make an appointment with your <u>Primary Care Physician</u></p> <ul style="list-style-type: none"> • Cold/Flu Symptoms • Earaches • Mild Backaches • Mild Sprains • Rashes • Sore Throat/Cough • Toothaches 	<p><u>(Virtual Visits) Primary Care via Telehealth</u></p> <ul style="list-style-type: none"> • Allergies • Bronchitis • Colds and Flus • COVID Symptoms • Earache • Headache • Hives • Insect Bites • Pink Eye • Rashes • Sinusitis <p>If your provider does not offer Telehealth visits, consider using the <u>McLaren Now App</u> mclaren.org/mclarennow</p>	<p>Needs Medical Care and can wait a few hours. You should contact your <u>Primary Care Physician</u> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> • Accidents and Falls • Moderate Sprains • Moderate Backaches • Mild Breathing Difficulty (i.e. Asthma) • Minor Cuts with Controlled Bleeding • Eye Irritation/Redness • Cold/Flu Symptoms WITH fever • Vomiting/Diarrhea with Dehydration • Severe Sore Throat or Cough • Minor Broken Bones or Fractures (fingers/toes) • Skin Rashes and Infections • Urinary Tract Infections • Minor Injuries • Minor Burns 	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> • Severe Chest Pain or Difficulty Breathing • Compound Fracture (bone protrudes through skin) • Convulsions/Seizures • Loss of Consciousness • Fever in Newborn (less than 3 months old) • Heavy, Uncontrollable Bleeding • Deep Knife or Gunshot Wounds • Moderate to Severe Burns • Poisoning • Serious Head/Neck or Back Injury • Pregnancy-Related Problems • Severe Abdominal Pain • Signs of Heart Attack (chest pain lasting longer than 2 minutes) • Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion) • Suicidal or Homicidal Thoughts/Feelings • Vomiting up Blood

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.